

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/03/2023															
Child Care Lunch	Total														
Taco Nada	1 Each	310	30	410	5.00	3.60	80.0	200	1.2	1	18.0	40.0	10.0	2.50	0.00
Fruit, Frozen Bar Orange	1 Each	50	0	10	0.00	0.00	0.0	0	0.0	11	0.0	12.0	0.0	0.00	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Salad, garden (side)	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
Dressing, Ranch POK	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
Weighted Daily Average		604	48	873	6.59	4.52	499.9	2471	7.15	*30	30.17	76.65	20.83	5.50	0.00
% of Calories										*19.7%	20.0%	50.7%	31.0%	8.2%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Tue - 04/04/2023															
Child Care Lunch	Total														
Brk Bowl Pancakes Elementary	Serving	330	70	500	4.00	3.78	100.0	500	0.0	11	16.0	35.0	14.0	3.00	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Syrup, Maple	1.5 oz	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00
Applesauce, Unsweetened Cups	1 each	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00
Celery Sticks	.5 Each	8	0	38	1.00	0.09	20.0	200	1.2	1	0.5	1.5	0.0	0.00	0.00
Weighted Daily Average		635	80	720	6.13	3.87	470.0	1200	17.10	59	26.50	96.25	16.50	4.50	0.00
% of Calories										37.4%	16.7%	60.6%	23.4%	6.4%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Wed - 04/05/2023															
Child Care Lunch	Total														
Enchiladas, Cheese (Ele)	2 ea	203	31	297	1.87	0.20	308.4	379	0.0	3	11.92	15.94	10.84	7.06	0.00
Salad, garden (side)	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Dressing, Ranch POK	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
Apple Slices	1 Each	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00
Weighted Daily Average		497	49	755	5.46	1.47	788.2	2750	41.95	*30	24.09	52.59	21.68	10.06	0.00
% of Calories										*23.8%	19.4%	42.3%	39.2%	18.2%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/06/2023															
Child Care Lunch	Total														
Chicken, Nuggets ChildCare	Serving (3 Ea)	103	13	174	1.29	1.16	0.0	64	0.0	0	9.02	6.44	4.51	0.97	0.00
Potato, Tater Tots	1 Each	148	0	356	1.98	0.36	0.0	0	3.56	0	1.98	18.77	6.92	0.99	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Banana	.5 Each	45	0	1	1.31	0.13	2.5	32	4.39	6	0.55	11.53	0.17	0.06	0.00
Weighted Daily Average		416	23	680	4.58	1.65	352.5	597	10.35	20	21.55	50.75	14.09	3.51	0.00
% of Calories										19.4%	20.7%	48.8%	30.5%	7.6%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/07/2023															
Child Care Lunch	Total														
Pizza,(Ele)	Servings	220	10	502	2.89	*0.99	*9.9	*93	*1.01	*3	11.22	27.25	7.2	2.67	*0.00
Tangerines, Fresh	1 Each	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00
Tomato, Grape 1.25 c	.25 Cup	13	0	4	0.36	0.73	0.0	4	7.27	*N/A*	0.36	2.18	0.36	0.00	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		405	20	658	5.01	*1.86	*396.0	*1261	*36.72	*27	22.38	56.43	10.36	4.20	*0.00
% of Calories										*26.8%	22.1%	55.8%	23.1%	9.3%	*0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/10/2023															
Child Care Lunch	Total														
*Chicken, Popcorn	1 Each	230	20	350	3.00	2.00	33.0	0	0.0	1	14.0	14.0	13.0	2.50	0.00
Potato, Tater Tots	.5 Each	74	0	178	0.99	0.18	0.0	0	1.78	0	0.99	9.39	3.46	0.49	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Peaches, Diced	1 Each	60	0	5	1.00	0.00	0.0	300	1.2	13	0.0	14.0	0.0	0.00	0.00
Weighted Daily Average		484	30	683	4.99	2.18	383.0	800	5.38	28	24.99	51.39	18.96	4.49	0.00
% of Calories										23.1%	20.6%	42.5%	35.2%	8.4%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/11/2023															
Child Care Lunch	Total														
Sandwich, Chicken(ele)	Sandwich servings	390	25	760	4.00	2.88	80.0	0	9.0	3	21.0	44.0	15.0	2.00	0.00
Carrots, Raw	servings	37	0	63	2.54	0.27	29.9	15155	5.35	4	0.84	8.69	0.22	0.03	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Applesauce, Unsweetened Cups	1 each	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00
Weighted Daily Average		605	35	975	7.67	3.15	459.9	15655	30.25	34	31.84	82.44	17.72	3.53	0.00
% of Calories										22.3%	21.1%	54.5%	26.4%	5.3%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Wed - 04/12/2023															
Child Care Lunch	Total														
Double Dogs	1 Each	260	30	449	2.00	5.00	132.0	55	0.0	3	15.0	31.5	8.0	2.00	0.00
Apple Slices	1 Each	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Salad, garden (side)	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
Dressing, Ranch POK	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
Weighted Daily Average		554	48	907	5.59	6.28	611.9	2426	41.95	*29	27.17	68.15	18.83	5.00	0.00
% of Calories										*21.2%	19.6%	49.2%	30.6%	8.1%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Thu - 04/13/2023															
Child Care Lunch	Total														
Ravioli w/ Red Sauce (ELE)	Portion	252	41	306	3.23	*2.06	*171.3	*285	5.13	5	17.21	31.11	6.7	3.15	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Salad, garden (side)	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
Dressing, Ranch POK	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
GRAPES,Fresh	.5 CUP	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Weighted Daily Average		374	41	571	4.43	*2.59	*292.3	*2156	9.84	*18	17.87	45.37	14.15	4.29	0.00
% of Calories										*19.7%	19.1%	48.5%	34.0%	10.3%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/14/2023															
Child Care Lunch	Total														
Pizza,(Ele)	Servings	220	10	502	2.89	*0.99	*9.9	*93	*1.01	*3	11.22	27.25	7.2	2.67	*0.00
Tangerines, Fresh	1 Each	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00
Carrot sticks - ele snack	3 Ounce Serving	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		427	20	713	7.03	*1.39	*424.0	*15465	*34.46	*31	22.80	62.40	10.20	4.23	*0.00
% of Calories										*29.2%	21.4%	58.5%	21.5%	8.9%	*0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/17/2023															
Child Care Lunch	Total														
Taco Nada	1 Each	310	30	410	5.00	3.60	80.0	200	1.2	1	18.0	40.0	10.0	2.50	0.00
Fruit, Frozen Bar Orange	1 Each	50	0	10	0.00	0.00	0.0	0	0.0	11	0.0	12.0	0.0	0.00	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Salad, garden (side)	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
Dressing, Ranch POK	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
Weighted Daily Average		604	48	873	6.59	4.52	499.9	2471	7.15	*30	30.17	76.65	20.83	5.50	0.00
% of Calories										*19.7%	20.0%	50.7%	31.0%	8.2%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/18/2023															
Child Care Lunch	Total														
Brk Bowl Waffles ELE	Serving	347	74	466	3.00	2.85	79.0	0	0.0	11	15.71	35.0	16.8	3.45	0.00
Applesauce, Unsweetened Cups	1 each	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Syrup, Maple	1.5 oz	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00
Carrot sticks - ele snack	3 Ounce Serving	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00
Weighted Daily Average		679	84	707	6.51	3.10	457.1	14708	20.92	62	26.50	102.90	19.51	4.98	0.00
% of Calories										36.7%	15.6%	60.6%	25.8%	6.6%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/19/2023															
Child Care Lunch	Total														
*Sandwich, Grilled Cheese IW	1 Each	245	24	479	3.00	1.64	362.2	393	0.0	5	15.03	30.11	7.83	4.25	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Salad, garden (side)	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
Dressing, Ranch POK	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
Fruit, Cocktail, canned	4 oz	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*
Weighted Daily Average		554	41	939	5.72	2.89	788.9	2900	8.11	*38	27.65	71.69	18.74	7.27	*0.00
% of Calories										*27.7%	20.0%	51.8%	30.5%	11.8%	*0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/20/2023															
Child Care Lunch	Total														
Chicken, Nuggets ChildCare	1 Serving (3 Ea)	103	13	174	1.29	1.16	0.0	64	0.0	0	9.02	6.44	4.51	0.97	0.00
Apple Slices	1 Each	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00
Potato, Tater Tots ChildCare	1 Each	64	0	154	0.99	0.00	0.0	0	1.79	0	0.99	7.94	2.98	0.50	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		338	23	483	4.28	1.52	410.0	664	40.19	23	20.01	40.38	9.99	2.96	0.00
% of Calories										27.3%	23.7%	47.8%	26.6%	7.9%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/21/2023															
Child Care Lunch	Total														
*Pizza, Cheese ES	1 Each	310	30	510	4.00	1.80	400.0	750	3.6	4	17.0	33.0	13.0	7.00	0.00
Tangerines, Fresh	1 Each	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00
Carrot sticks - ele snack	3 Ounce Serving	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00
Dressing, Ranch POK	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		572	44	853	8.24	2.29	838.0	16169	37.38	34	29.33	72.23	20.06	9.21	0.00
% of Calories										23.8%	20.5%	50.5%	31.6%	14.5%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/24/2023															
Child Care Lunch	Total														
Lasagna Rollup, Cheese WG	1 Each	230	35	400	2.00	1.08	300.0	500	6.0	5	14.0	27.0	7.0	4.00	0.00
Milk, Variety	8 oz	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Salad, garden (side)	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
Dressing, Ranch POK	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
Peaches, Diced	1 Each	60	0	5	1.00	0.00	0.0	300	1.2	13	0.0	14.0	0.0	0.00	0.00
Weighted Daily Average		529	48	853	4.59	2.00	678.2	3071	12.75	*39	24.67	70.65	15.75	5.75	0.00
% of Calories										*29.8%	18.6%	53.4%	26.8%	9.8%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Tue - 04/25/2023															
Child Care Lunch	Total														
Hot Dog, Turkey-ELE	2 oz	280	45	930	1.00	1.44	120.0	0	9.0	1	12.0	29.0	13.0	3.00	0.00
Applesauce, Unsweetened Cups	1 each	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Potato, Tater Tots ChildCare	1 Each	64	0	154	0.99	0.00	0.0	0	1.79	0	0.99	7.94	2.98	0.50	0.00
Weighted Daily Average		522	55	1236	3.12	1.44	470.0	500	26.68	27	22.99	66.69	18.48	5.00	0.00
% of Calories										21.0%	17.6%	51.1%	31.9%	8.6%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Wed - 04/26/2023															
Child Care Lunch	Total														
*Chicken, Popcorn	1 Each	230	20	350	3.00	2.00	33.0	0	0.0	1	14.0	14.0	13.0	2.50	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Salad, garden (side)	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
Dressing, Ranch POK	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
Banana	.5 Each	45	0	1	1.31	0.13	2.5	32	4.39	6	0.55	11.53	0.17	0.06	0.00
Weighted Daily Average		519	38	803	5.90	3.05	455.4	2304	10.35	*25	26.72	50.18	24.00	5.56	0.00
% of Calories										*19.2%	20.6%	38.7%	41.6%	9.6%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/27/2023															
Child Care Lunch	Total														
Burrito, Bean & Ch.(Ele)	Burrito	340	5	569	8.99	3.60	199.8	0	0.0	1	13.99	53.95	7.99	3.50	0.00
GRAPES,Fresh	.5 CUP	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Dressing, Ranch POK	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
Carrots, Raw	servings	37	0	63	2.54	0.27	29.9	15155	5.35	4	0.84	8.69	0.22	0.03	0.00
Weighted Daily Average		583	19	915	12.05	4.09	610.1	15748	9.92	28	25.87	88.61	14.93	5.73	0.00
% of Calories										19.5%	17.7%	60.8%	23.0%	8.8%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Fri - 04/28/2023															
Child Care Lunch	Total														
*Pizza, Cheese ES	.5 Each	155	15	255	2.00	0.90	200.0	375	1.8	2	8.5	16.5	6.5	3.50	0.00
Tangerines, Fresh	1 Each	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00
Salad, garden (side)	1 ea	69	4	171	1.49	0.83	46.0	1725	3.23	*2	1.42	6.57	4.28	0.85	0.00
Dressing, Ranch POK	1 ounce	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00
Milk, 1%	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Weighted Daily Average		451	33	710	5.34	1.96	655.9	3310	33.79	*30	21.46	54.16	17.64	6.53	0.00
% of Calories										*26.6%	19.0%	48.0%	35.2%	13.0%	0.0%
Nutrient Guideline		558				3.30	267.00	790	14.60		7.30		<=30.0	<10.00	

Weighted Average		518	41	795	5.99	*2.79	*527.1	*5332	*22.12	*32	25.24	66.83	17.16	5.39	*0.00
										*56.0%	19.5%	51.6%	29.8%	9.4%	*0.0%

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Nutrient	Menu AVG	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
Calories	518		558		93%			40									Correction Required - Calories are Low
Cholesterol (mg)	41																
Sodium (mg)	795								795								
Fiber (g)	5.99																
Iron (mg)	2.79		3.30		85%	Missing	0.51										Correction Required - Iron is Low
Calcium (mg)	527.1		267.00		197%	Missing											
Vitamin A (IU)	5332		790		675%	Missing											
Sugars (g)	32	24.89%				Missing											
Vitamin C (mg)	22.12		14.60		152%	Missing											
Protein (g)	25.24	19.50%	7.30		346%												
Carbohydrate (g)	66.83	51.63%															
Total Fat (g)	17.16	29.84%															
Saturated Fat (g)	5.39	9.37%															
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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